

Transformative Retreat

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“Rachel's Vineyard is a gift from God that I wish upon all suffering people so that they can get the new life that I've been given. I move in the world with a calm and confidence and a peace that is a beautiful surprise. And my relationship with God has become so intimate because I have no secrets buried anymore.”

- Previous participant; Vancouver Island.

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“The retreat was wonderful, everything was well organized. I healed so much during and after the retreat, I came back home with peace in me. It was hard to go and talk about my past but was worth it. God loves me!”

- Previous participant; Vancouver Island.



There is hope.
Healing awaits.
You are meant
for more.

2025 Retreats on Vancouver Island

May 9 -11, 2025 | November 7 -9, 2025

If you hope to participate in our retreats, we recommend you reach out to book asap as places fill up very quickly.

Completely Confidential

If you would like to have a consultation and find out more about Rachel's Vineyard or about the Healing Weekends, please call Nicola: 250-514-3973.



A First Step to Healing

250-514-3973

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**Rachel's Vineyard
Vancouver Island**

Healing the wounds of abortion



A Retreat to Healing and Renewal

“The world's largest ministry dedicated to healing after abortion, we gently restore hearts and lives —one day at a time.”



Experience Healing

If abortion has touched your life in any way—whether as a woman, a man, a grandparent, a sibling, or even a former abortion industry worker—Rachel's Vineyard is here for you. No matter your journey or how long it has been, you are welcomed with open arms and without judgment.

Are you hurting with...

Every year men and woman suffer the after effects of abortion which can include:

Bouts of crying
Guilt
Depression
Anxiety
Anger / Rage
Drug and alcohol abuse
Emotional Numbness
Lowered Self Esteem
Repeat Abortions
Suicidal Urges
Inability to forgive self and others
Fear of pregnancy
Fear of punishment from God



Rachel's Vineyard Weekend A Journey of Healing

This retreat is a deeply spiritual and psychological healing process, helping participants unite their suffering with Christ's. Through powerful rituals, meditations, and the sacraments, the weekend gently guides you from sorrow to peace.

Retreat Highlights

- Living Scripture Meditations: Step into the Gospel stories and feel Christ's mercy wash over you.
- Emotional & Spiritual Release: Let go of guilt, grief, and shame through healing exercises like confession and naming your child.
- Breaking Isolation: Join a supportive group that walks beside you with love and understanding.
- Symbolic Rituals: Experience profound healing through exercises like the Cup of Bitterness and Lazarus Unbinding.
- Faith-Based Reflection: Embrace God's grace and find the strength to move forward in peace.



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“Wow! Powerful, healing and freeing!
What an incredible experience!”

-Previous retreatant, Vancouver Island

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Why come to Rachel's Vineyard?

Rachel's Vineyard weekends are a beautiful opportunity to step away from daily pressures and focus on healing. Many find that individual counseling alone does not bring full peace, but our retreat's unique trauma-sensitive approach creates a safe space where deep healing can take place.

If you have struggled with repressed emotions of anger, shame, guilt, or grief, this retreat offers a gentle path toward freedom. You will not be alone—God's love and the support of others will guide you toward hope and renewal.

